

# KEYNOTE SPEAKER & TRAINING FACILITATOR



## DR. JAZ | Psychologist • Nutritionist • Author • Speaker • Trainer

Dr. Jaz Robbins is a licensed psychologist and board-certified holistic nutritionist who specializes in trauma-informed care. She earned her bachelor's degree from North Carolina State University in Food Science & Nutrition, and master's and doctoral degrees in Clinical Psychology from Pepperdine University. She works with patients with complicated histories of trauma, those navigating chronic illness, as well as queer-identifying folks who are seeking a validating space on their healing journey. Dr. Jaz teaches graduate-level courses at both, the University of Southern California and Pepperdine University. Additionally, she holds leadership positions within the Los Angeles County Psychological Association as well as the California Psychological Association.

Dr. Jaz is a sought-after speaker and trainer known for her engaging, dynamic, and often larger-than-life delivery. With more than 10 years of public speaking and keynote experience, Dr. Jaz prides herself in creating active experiences for her audiences. She pulls them in and holds their attention in a way that is truly unmatched by others. For anyone fortunate enough to have been in attendance where she has spoken live or virtually, the audience feedback is the same. Her events get talked about long after the calendar date has passed and attendees plea to their organizations requesting her return.

### CORE TRAININGS OFFERED

- Understanding Birth-related Trauma
- Trauma-informed Care as a Framework for Cultural Sensitivity
- Unpacking Adverse Childhood Experiences
- Shifting Perspectives Toward Trauma-informed Care
- The Core Tenets of Trauma-informed Care
- Trauma-informed Care: Dissecting Safety
- Trauma-informed Care: Dissecting Trust
- Trauma-informed Care: Dissecting Choice
- Trauma-informed Care: Dissecting Collaboration
- Trauma-informed Care: Dissecting Empowerment
- Trauma-informed Care: Dissecting Cultural Sensitivity
- Historical Racism in Medicine
- Implicit Bias & Its Impact on Healthcare
- Power, Privilege & Vulnerable Communities
- Food & Mental Health: Understanding the Connection
- Mental Wellness in University Settings
- I See Your Pain: Cultivating a Trauma-informed Workplace

Los Angeles Times

SiriusXM

The Birth Lounge Podcast

The California Psychologist

The Daily Drum WITH HAROLD FISHER



[DrJazRobbins.com](http://DrJazRobbins.com)

Ph: 323.317.7272

Em: [jaz@drjazrobbins.com](mailto:jaz@drjazrobbins.com)